



NAMI BIA UNIVERSITY
OF SCIENCE AND TECHNOLOGY

Department: Human Capital

Save-the Date

Mental Health Talk

THEME: CHANGING THE NARRATIVE



Friday, 19 September 2025



AUDITORIUM 1



09:00 – 12:00

Together, we break the silence.

Together, we create hope.

Together, we change the narrative on mental health
and suicide prevention.

Reach out for confidential support:

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